

Teen Social Skills Group

with Julie Wilson, CIT

Transpire Life Counseling, LLC

2812 Drake Ave Huntsville, AL 35802

256-529-4673

Topics

- Social Skills
- Anxiety
- Coping Skills
- Building Self-Esteem
- Managing Stress
- Making True Friends



***Bi-Weekly on Wednesdays from 6:30 P.M.-7:30 P.M
starting November 1st, 2023**

***Sessions are \$30 per person**

***If you are a new client at Transpire Life Counseling,
intake paperwork and forms must be completed
beforehand. Please call to register.**

***Registration closes October 25th, 2023**

***This group is for ages 13-18 and there will be a limit of 15
participants.**